

Some penis cages come with spacers to help you with a more secure and comfortable fit. You can determine the correct size spacers by starting with the larger ones and working your way down until you find the best fit.

### 3. Lock things up

Once you've aligned your chastity cage for men correctly and you're sure everything's in place, it's time to tighten the lock. If you start the chastity life together with your partner, it is recommended that he or she takes care of this. It is a symbolic first step to start the chastity life together.

Double check and check that the cage is aligned properly, insert the lock, turn the key, and you're done! Your cage is over, and you are all locked up; it is time to begin the wonderful experience of chastity life.

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### How to put on a chastity cage PREPARATION

Putting on a chastity cage or penis cage is best if you prepare a few things. That way it is fast and easy.

### Hair removal

This is not a requirement, but it is recommended to trim the pubic area. This will prevent the pubic hairs from being pulled. You can choose to cut the pubic hair short or completely depilate it. The choice for this is of course entirely up to you and what you feel comfortable with.

### Lubricant

Putting on a chastity cage can be easier with the help of lubricant. Any store-bought lube is fine, unless you're using a silicone flexible cage, in which case you'll need to use a specific water-based lube.



The lube will make maneuvering the cage easier - but don't overdo it or the cage will become too slippery and you will find it difficult to assemble or tighten the lock.

### Cum first

The thought of putting on a chastity cage can lead to extreme arousal, but trying to put a chastity cage on an erect penis is almost impossible. Your penis should be completely flaccid.

By masturbating or having sex you can keep your cock limp enough to slide into the cage - but only if you have permission from your keyholder/mistress of course.

### Get help

In principle, you should be able to put on (and take off) a chastity cage on your own, but if you experience this together with your (playing) partner, it can help enormously - especially the first time - to have a few extra hands to help.

## STEP-BY-STEP INSTRUCTIONS

### 1. Insert the ring

First, see what kind of ring comes with your penis cage. Some rings are hinged, making them easier to open and close around your cock and balls. Other rings are made in one piece and must be slipped over your penis and scrotum.

It is recommended that you slide the ring over your balls first. Using lube, gently pull each ball through the ring, making sure nothing pinches or has extra skin behind the ring. You have to be completely sure that the entire scrotum is on the other side of the ring.

Once your balls are snug on the other side of the ring, it's time to get your cock through. Here it is essential to have a completely flaccid cock. The rings are small, they are designed not to slide off, so it is (and should be) tight.

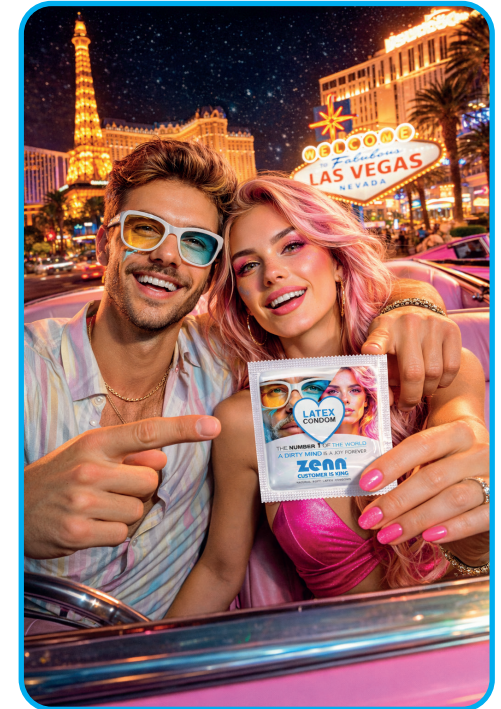
Make sure it's well greased and slowly slide your cock through the ring until

it's all the way to the other side and the ring touches the base. As a tip, tilt the top of the ring slightly forward and then proceed to slide your cock through it.

### 2. Tighten the penis cage

Having a second pair of hands for this part can be helpful. Gently slide the cage over your cock until it reaches the ring. Make sure you align it properly - some cages require the pins to be aligned to be safe.

Some brands require the pins to be fitted before putting on the chastity device, and others have them clicked in afterwards. In either case, it helps if one pair of hands hold the base ring while the other aligns and tightens the cage.



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